

Human and Social Sciences

Personnal and Professionnal Project

IDENTIFICATION

CODE : IF-3-S1-EC-PPP1-HU
ECTS : 0.0

HOURS

Lectures : 1.5 h
Seminars : 14.0 h
Laboratory : 0.0 h
Project : 0.0 h
Teacher-student
contact : 15.5 h
Personal work : 3.0 h
Total : 18.5 h

ASSESSMENT METHOD

TEACHING AIDS

TEACHING LANGUAGE

French

CONTACT

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AIMS

- To increase student's awareness of the importance of a good professional project for their career path (training, professional and community experiences)
- To give them (from the start of the IF training course) the essential keys to choose a professional project, sector and type of engineer job in relation to their personal profile and evolution of the labour market
- To get them training in application for internship (documents, contact opportunities)

CONTENT

- The important role of the professional project in careers guidance
- Content, conception and methodology of a personal professional project
- Professional profiles and jobs in IF technology
- Personality test about strengths and professional motivations
- Overview of IF main engineer jobs
- Results of the last survey about « first job of the IF students »
- How to make a CV
- How to get in contact with firms
- How to use networks (INSA, professional networks)
- How to get ready for an industrial or contact Forum
- How to apply to an internship
- Checking of the CV
- The interview process

BIBLIOGRAPHY

(among available books in the MARIE CURIE library in 2° floor):

- Le guide du super candidat EYROLLES [D 35 371 425 2 OLI]
- Réussir sa lettre de motivation DANIEL POROT [D 35 371 425 2 POR]
- Guide du CV en langues étrangères STUDYRAMA [D 35 371 425 2 LAC]
- Réussir sa candidature en anglais STUDYRAMA [D 35 371 425 2 DEL]
- Tests d'entreprises mode d'emploi MARABOUT [D 35 371 425 2 AZZ]